

& The various forms of Alienation



The Parental Alienation Bill Proposal

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Family court Superheroes (CIC)
July 2021

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The Definitions of Alienation



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## The 5 Main Types Of Alienation



## **Psychological Alienation**

A social influence that can change a child's perception or behavior towards the non-resident parent and their family overtime by deceptive tactics which are thought through in a skillful way.

#### **Common Behaviors**

Common behaviors exhibited in cases of psychological Alienation can be derogatory communication about the other parent, showing signs of disgust or disapproving actions in front of the child to manipulate the child's perception of the other parent.

An example of such would be, if every time the child returned from the non-resident parents' house, the resident parent showed signs of disgust and told the child "eww you smell!, go get a shower, you stink!" over time, the child will associate going to the non-resident parents' house with a bad smell and become reluctant to go.



## Secure Attachment Bond Alienation (1)

Secure attachment bond (1) is where the child from birth through infancy feels a closeness and contentment with a parent, when that parent is removed from the child, the child is unable to settle or be content initially, and over time that bond is broken, the child no longer feels that closeness or attachment with that parent which is emotionally damaging to the child and can cause the underdevelopment of the nervous system. This bond is based on the quality of the non-verbal, emotional communication between parent and child.

An example of this would be if a child is removed from the mother shortly after Birth or during the breastfeeding period, the child has that closeness and contentment with that mother and easily falls asleep in her arms, by removing that child the emotional connection is broken and this can cause detrimental damage to the child during their future development.

## Secure Attachment Bond Alienation (2)

Secure attachment bond (2) is where the child, during its critical developmental years, becomes detached from a main care giver/parent, this means that the child has gone from having a very close verbal/ non-verbal/emotional bond with the parent to having no bond whatsoever, this sudden removal from the child's life, can cause damage to the child's nervous system development, including their eagerness to learn, healthy self-awareness, trust, and empathy. It can also hinder emotional, physical, and mental development, it can also cause difficulties in learning, and forming future positive relationships.

An example of this would be if the family unit separates and the resident parent refuses to let the non-resident parent have any form of access to the child without legitimate reasons, severing that close bond the child had with the other parent.



## **Financial Alienation**

Where one parent exercises more parental responsibility over the other parent and withholds any future contact with their child purely for financial gain. Or withholds finances to prevent access or where a parent rewards the child for Alienating the other parent.

#### **Common Behaviors**

Financial Alienation is commonly used as a method of control, in effect playing god with the relationship between you and your child by using financial gain or financial withdrawal to control the access and availability of your relationship, manipulation is also a common behavioral trait whereby the parent will encourage and reward the child for alienating the other parent.

A common example of this would be where the resident parent withholds access to the child unless they have received a maintenance payment or where one parent is wealthy and the other parent isn't, and yet the wealthy parent refuses to pay their half of contact center fees to hinder the financially struggling parent being able to see their child at the center, resulting in the financially struggling parent not being able to see their child as thy cannot afford to pay both parents share.



### Intentional or Self-Alienation

This is a deliberate act or attempt of removing yourself physically and/or emotionally from the child's life, this can be for various reasons, such as a genuine lack of relationship with the child, or it is done in order to blame the other parent for the lack of relationship they have with the child, Another variation of this self-Alienation is when the parent does have access to the child but doesn't give the child their full physical/emotional attention. In either scenario this form of alienation is the cause of estrangement and is the parents own doing and as such the protective parent should not be held accountable.

#### **Common Behaviors**

Common behaviors associated with Self-Alienation are to refuse contact with the child and then use their lack of relationship with the child as a potential claim of Alienation against the resident parent, as this can be used against the protective parent to gain ground in court, this type of Alienation is most commonly evidenced in cases of narcissistic personality disorder, or where there have been issues of stalking and harassment behaviors. Self-Alienation is commonly used to control the other parent, the non-resident parent will stalk or harass the resident parent and the children under the guise of being worried about the child's welfare, they will appear to services that they are the victim, and their behavior is borne out of frustration at not seeing their child, when in reality they have no real interest in the child (this will be evidential) and are more interested in control.

An example of this is where the estranged parent doesn't maintain any contact with the child or children, this may be by not turning up to arranged contact, not sending the child emails, or maintaining phone, letter, or video call communications. Or generally, not giving the child any emotional or physical attention when they do have contact with the child such as spending time on their phone when they are at the contact sessions rather than playing with their child.



## **Judicial or Service Alienation**

This is where the court or attached services have formed a bias towards one of the parents, where a report is used as a valid document in court that influences a Judge's decision on residence or contact arrangements when its contents are not evidenced or validated and contains bias against 1 parent without being substantiated. Or where a Judge has formed a bias without reviewing any evidence.

#### **Common Behaviors**

Common behaviors associated with Judicial, or service alienation is when a social worker/service worker/CAFCASS operative/foster carer/ paid companies/ organisations or other service speaks to the parent and either doesn't ask them about certain aspects in their report or reports false statements from the parents to create a negative portrayal of the parent thus forming a false impression for the judge to base his or her decision on. Common behavior involving a Judge is that the Judge has entered the court with a pre-conceived determination of which parent is favorable without having any evidence presented, or where the Judge has not looked at the presented evidence in order to maintain a bias against a parent.

An example of this would be CAFCASS stating in their report that they feel parent B cannot provide adequate psychological support to the child, when in fact that is just an opinion formed by the CAFCASS worker to present a negative case against that parent and that parent is entirely capable of taking the child to appointments, this was never asked of the parent nor discussed when Parent B spoke with CAFCASS and therefore it should not be in the report as it is a tactic of Judicial Alienation, to help sway the Judge towards Parent A by making false statements or presumptions based on their own bias and using their position of power to Alienate parent B. (more so when they are not qualified to make these assumptions/statements)



What is Parental Alienation?



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## What is Parental Alienation?

Parental Alienation is a term used to describe the alienating behaviors of a Parent/ Judge or service provider such as a Social worker, a CAFCASS operative, a Foster parent, a Psychiatrist, Teacher or any other person, business or organisation that is seen to favor one parent over the other, there are many ways this can be done and it is best described and differentiated by the 5 types of Alienation and their characterised behaviors, Psychological Alienation, Secure Attachment Bond Alienation (1), Secure Attachment Bond Alienation (2), and Financial Alienation, are all terms whereby one parent effectively alters the child's views of the other parent, turning the once loved parent into someone the child holds disregard for.

Judicial or Service Alienation is usually done by third parties to effectively sever the bond between the parent and child by using their position of power and influence to do this.

There is also the term isolation or Self-Alienating, which is characterized by completely different behaviors to the other 4 types of Alienation, this is where one parent deliberately acts in a manner that either instantly, or gradually removes themselves from their child's life in a way whereby that parent is making calculated decisions to effectively remove themselves and then play the aggrieved alienated against parent.-*Amy Knuckey 2021* 



Differentiating Abuse, Alienation and/or Estrangement



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## Differentiating Abuse, Alienation and Estrangement

It can be a challenge to tell the difference between alienation and estrangement especially in a court of law, as some form of estrangement can happen at any time, even in healthy loving homes. As children grow, they can naturally grow apart from one or both parents as they experience new things in life and enjoy more responsibilities and freedoms. It can also happen when parents separate, and the child must deal with the new family situation/dynamic. In both cases some form of abuse could happen, is actually happening, or has happened. Even though it is difficult in a court to tell the difference between alienation and estrangement. It is very clear in their definitions and current wording that one can be a natural occurring process whereas the other is manipulation by one parent causing distancing (A secure attachment bond break) between the other parent and child.

It is **vitally important** to acknowledge that some children do reject a parent for what can be or are legitimate reasons, such as abusive or neglectful parenting. If a parent or child comes forward with allegations of abuse and or neglect and this should be of upmost priority to the services and to the courts and should be **thoroughly investigated** with accurate assessments of each individual involved, and reported findings done in a non-bias way. It makes sense, that after this point of investigation, if there is no evidence of abuse or neglect on the aggrieved parent then adverse allegations of alienation can then be considered and investigated in a fair and again unbiased way.

We have designed, through the Child-Led Liberty Program a simple yet effective way to determine whether it is indeed Alienation or Estrangement or Abuse

Before we get to the framework I would like to show other's definitions of Abuse, Alienation and Estrangement, and not just showcase my own as seen on page 8.



### **Abuse**

### What Others Have Said

Abuse:- abuse is defined as any action that intentionally harms or injures another person. In short, someone who purposefully harms another in any way is coming abuse. August 12<sup>th</sup> 2019 <a href="https://www.heathyplace.com">www.heathyplace.com</a>

Abuse is the improper usage or treatment of a thing, often to unfairly or improperly gain benefit. Abuse can come in many forms, such as: physical or verbal maltreatment, injury, assault, violation, rape, unjust practices, crimes, or other types of aggression. To these descriptions, one can also add the Kantian notion of the wrongness of using another human being as a means to an end rather than as ends in themselves. Some sources describe abuse as "socially constructed," which means there may be more or less recognition of the suffering of a victim at different times and societies July 2021 en.m.wikipedia.org by Keith D

Abusive actions one person makes towards another are generally intended to control the victim, or to make the victim submit to power of that abuse. <a href="https://www.mentalhelp.net">www.mentalhelp.net</a>

Abuse (noun) the use of something in a way that is harmful or morally wrong dictionary.cambridge.org Cambridge university press © 2021



### **Parental Alienation**

### What Others Have Said

Parental Alienation can be described as an observable constellation of hateful behaviors on the part of a child who venomously rejects, and directs undeserved anger towards, a previously-loved parent during or following a separation or divorce. Andre, K. 2004 Parental Alienation syndrome Annals of American Psychotherapy Association

we define parental alienation as the unjustified resistance or hostility from a child towards one parent as a result of psychological manipulation by the other parent. CAFCASS.gov.UK 14th January 2021

parental alienation describes a process through which a child becomes estranged from one parent as the result of the psychological manipulation of another parent. En. Wikipedia.org/wiki/parental\_alienation last edited 20th July 2021

The term parental alienation refers to psychological manipulation of a child, by saying and doing things that leave the child to look unfavorably on one parent or the other. In essence parental alienation amounts to brainwashing the child, and it can be done consciously and unconsciously. By Legal dictionary.net/parental-alienation 08<sup>th</sup> January 2017



## **Estrangement**

## What Others Have Said

Estrangement (noun) part one is the fact of no longer living with your husband, wife or partner part 2 the fact of no longer being friendly or with contact with somebody...oxfordlearnersdictionaries.com 2021 oxford university press©

The working definition: - the separation or estrangement of human beings from some essential aspects of their nature or from society, often resulting in feelings of powerlessness or helplessness. August 24<sup>th</sup>, 2017, revisesociology.com

Family estrangement is the loss of a previously existing relationship between family members, through physical and or emotional distancing, often to the extent that there is negligible or no communication between the individuals involved for a prolonged period,

Family estrangement: - Estrangement may result from the direct interactions between those affected, including traumatic experiences of domestic violence, abuse, neglect, parental misbehavior such as repetitive explosive outburst or intense marital conflict and disagreements, attachment disorders, differing values and beliefs, disappointment, major life events or change, or poor communication. It may also result in the involvement or interference or third party. En.m.wikipedia.org



How to Determine the Correct Conclusion



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### **How to Determine the Correct Conclusion**

To summarise:- Abuse is the intentional or deliberate harming of another person, be it man, woman or child, it may be emotional, physical, mental, financial or service abuse but it was designed and implemented to cause the other individual various degrees of discomfort, pain, torment or anguish. Alienation is similar to abuse and is, in itself a form of abuse, it is the purposeful act of severing the bond between the parent and the child to cause undue distress, stress and harm. Estrangement is where the child themselves have chosen to detach or sever the parental bond, either by their own emotional growth and changes in their own likes and dislikes which can be a natural progression of growing up or, because the parent has behaved or acted in a manner whereby the child prefers not to be in that adult's company for their own safety, security, or emotional wellbeing, such as if the child has witnessed or suffered abusive behaviours.



**How It Works** 



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## **How It Works**

The Child-Led Liberty Program© has developed a complex flow diagram, which we have turned into an app which is designed to help courts, solicitors, services and even parents establish if they are being abusive/abused, Alienated against, or are Alienating, or if their child has become estranged. The app takes only a couple of minutes to use and gives an answer that the court or services can rely on to be accurate. The app is currently in its testing phases and so far has had 100% accuracy in all cases.

It uses the answers to select questions selectively designed for each individual, so 100 people may all receive different questions, or variations of the questions all suited to them, and their individual circumstances,

The app will then determine whether which, if any of the 5 definitions of alienation are at play and also calculate a degree of how severe and deliberate this alienation being presented actually is.

As a result, a judge can in under 2 minutes have at his or her fingertips an accurate assessment of Parental Alienation in the case which in turn will help him or her determine any future action or courses of action needing to be undertaken in the case.

This app will determine the difference between Parental alienation being used as a cover up for abuse, it will also determine alienation from disgruntled parents,

The good thing about this app and the 5 Parental alienation definitions that it works alongside, is that it is inclusive of all cases, such as foster care cases, domestic abuse, (in line with the new domestic abuse bill) financial abuse, adoption, petty parents, service alienation, grandparents, relatives, children hidden from the other parent, mental health, substance or alcohol abuse, it is very inclusive of everyone and another great quality of the Child-Led Liberty Program© is that it saves a lot of money as **NO TRAINING** is needed to be able to use or understand it, it has taken the complexity of the diagram below and converted it in to a extremely simple application that anyone can use, even the most technically un-savvy people can use it.





